



Highfield Middle School

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Dear Parents / Carers

Monday 14th November marks the start of Anti-Bullying Week 2022. This is a national campaign which we always support in school.

As you know, the week will kick off with **Odd Socks Day on Monday 14th November**, where adults and children wear odd socks to celebrate what makes us all unique. Odd Socks Day is an opportunity to encourage people to express themselves and celebrate their individuality. All you have to do to take part is wear odd socks to school as part of your school uniform that day - the brighter and more unique the socks, the better! Any children who are wearing tights are welcome to wear odd socks over the top of them too.

This year's theme is Reach Out. The theme is about doing something positive to counter the harm and hurt that bullying causes. Anti-Bullying Week encourages all children, teachers and parents to take action against bullying, not just this week but throughout the year. Let's 'Reach Out' and show each other the support we need.

There will be an assembly on Monday and children will be taking part in different activities in their classes throughout the week to highlight the important messages around what to do if you experience or witness bullying. We will also be launching an anti-bullying poetry competition and asking all children about their understanding of bullying through a student voice survey.

As a school and learning community, we make it very clear that bullying is and never will be acceptable and we continue to strive hard to support and educate everyone to this end - we hope you will continue to support us with this message at home.

Kind Regards
Mrs T Hetherington
Anti-Bullying Lead