

Highfield Middle School

Physical Education

Intent, Implementation and Impact

2022

Intent

At Highfield Middle School we pride ourselves on delivering a broad and inclusive curriculum following the National Curriculum framework. At KS2 we build on fundamental skills through a variety of activities ready to progress into KS3. At KS3 we start to look at developing more sports specific skills in preparation for transition to high school. These activities include football, netball, flag football, hockey, rugby, lacrosse, gymnastics, athletics, tennis, fitness, swimming, cricket and rounders. We have an extensive PE extra curricular programme which takes place during lunchtimes and after school delivered by our teachers and local coaches.

Implementation

Our curriculum is mapped out to ensure pupils have a positive experience in a range of sports whilst factoring in our indoor/ outdoor facilities and seasonal weather. PE is delivered by two subject specialists. All pupils get two lessons per week (one PE lesson; mixed gender and ability focusing on activities that can be played together e.g. hockey and athletics. The other lesson is Games; single sex mix ability e.g. netball and rugby).

Impact

Through PE and Games we also focus on personal development. Pupils will experience competition, sportsmanship, being a good team player, leadership, resilience, motivation to succeed and leading an active healthy lifestyle. Pupils have lots of opportunity to put all these skills into practice in house activities and represent the school in many of our sports teams. Pupils also have the chance to develop their leadership skills through sport, taking on new roles of responsibility other than participation. In year 6 we have Play Leaders who work with Year 5 and Year 8 Sports Leaders who support all year groups including our Year 4 transition morning. We work closely with PCHS to deliver the leadership programmes. Through the many opportunities and experiences on offer at Highfield Middle School, it shows that PE and Sport play a vital role inspiring pupil to achieve and succeed.