**Active Northumberland and Tynedale School Sport Partnership**

Active Northumberland have loads of online and social media activities you can get involved in, try these to start with:

Week 4:

Home Resources - <https://docs.google.com/presentation/d/1B7HVUsy7fIHwgi0dAPg2hkn0IM2WxeHzb0IRxY2dHV4/edit?usp=sharing>

Personal Challenge Week 4 - <https://docs.google.com/presentation/d/1drtvJwMtj6xFTV2Kh-2cscC_-saK8PzAkiSf0q02rQk/edit?usp=sharing>

Personal Challenges (All) - <https://docs.google.com/presentation/d/1Pnqtc2rBTWSLLzIHleJm1PihVJSB4GTn_6kn5L2uenU/edit?usp=sharing>

Week 3:

Home resources - <https://docs.google.com/presentation/d/14FJwgaLEdJwkI7zGJpwd-cp7n8WPzw4CBXNQNFnAuYE/edit?usp=sharing>

Personal Challenges - <https://docs.google.com/presentation/d/12zn5-syaLNd4dhzJB_usYLhm5_6xzjYxFPR4KC2vrHo/edit?usp=sharing>

You can follow them on

**Facebook**

@ActiveNland PE

@Northumberland School Games

TynedaleSchoolGames

**Instagram**

Active Nland PE

**Twitter**

Active Nland PE & School Sport

There are loads of challenges and ideas for you to try.

Enjoy!